

SUMMER WORKSHOP FAQ



PRE PROFESSIONAL WORKSHOPS AGES 3 TO 7 YEARS OLD

Dancers will take Ballet / Tap lessons with creative movement exercises and dance craft activities. Dancers should bring a snack each day. On Friday, the parents are invited to sit in the last 20 minutes to view the week's progress. Level II Dancers will be introduced to Jazz Technique, however Jazz shoes are not required.

Dress Code: Any Solid Color Leotard, Pink Tights, Ballet (Pink) & Tap (Black) Shoes, Hair tied back

STRETCH BEYOND THE LIMITS WORKSHOPS

Dancers will have a Stretch Class combined with a Leaps & Turns class each day.

Dress Code: Any one or two piece dance attire. Jazz Shoes (Tan) or Foot Undies. Bring cover ups (Shorts/sweat pants) for the stretch portion. Must have dance attire (no baggy clothing) for the Leaps/Turns portion.

Level Requirements (avg ages are listed):

Intermediate Age 10 – Up (Double Pirouette, Knowledge of Basic Leaps, Right & Left Splits)

Advanced Age 13 – Up (Triple Pirouette or more, Knowledge of all leaps, Right & Left Splits)

JAZZ / LYRICAL / CONTEMPORARY WORKSHOPS (AGES 7 & UP)

Dancers will enjoy Jazz, Lyrical, Contemporary and Leaps/Turns classes throughout this week. All dancers should bring a snack, as a short break will be offered each day. A detailed class schedule will be emailed to you the week prior to your workshop.

Dress Code: Any one or two piece dance attire. Proper shoes (Jazz Shoes and/or Foot Paws). Hair tied back.

****If your dancer is new, please consult the office on the proper level to attend, regardless of age.****

BALLET INTENSIVE WORKSHOP (AGES 7 & UP)

Level 1 Dancers will be offered Ballet / Stretch / Variations classes each day, while Level 2 - 4 dancers will be offered classes in several forms of dance: Ballet /Stretch / Pilates / Variations / Pre Pointe / Pointe / Etc.

Dress Code: Any Solid Color Leotard (Black is most respectful) with Pink Tights. Leather or Canvas Split Sole Ballet Shoes. Hair in Bun. Ballet skirts and warm ups are allowed, at the teacher's discretion. Level 2 - 4 dancers should pack a snack/lunch each day, as a break will be offered. A detailed schedule will be emailed to you the week prior to the event. A non-refundable 20% deposit is required at the time of registration, to reserve the dancer's position. Classes will close at **25 dancers** each. **Shorter workshop options are available. Please ask the office.**

****If your dancer is new, please consult the office on the proper level to attend, regardless of age.****

GENERAL INFORMATION

Payment is required the first day of the workshop, unless otherwise noted.

If your dancer is new to RDC, please consult the office on the proper levels to attend, regardless of age.

Once a workshop has begun, payment is non-refundable, and only transferrable to another workshop.